Dear Parents/Guardians,

Athletics is vital to the holistic development of young student-athletes. It helps foster their physical, social and emotional health. The benefits of athletics reach beyond the impact of the physical well-being of the student. In addition to that, athletics simultaneously creates a foundation of essential life-skills that will help promote great character and leadership.

Athletics and sports are excellent ways to grow emotionally as individuals. As a graduate of Stagg High school, I know that athletics played a major role in helping myself prepare for college and post-high school adult life. While playing sports in high school, I’ve endured valuable lessons from my coaches and from the competitions I participated in. Some of the valuable skills I’ve learned are as follows: time management, problem solving, determination, delegation, motivation, team building, and perseverance.

Athletics and athletic competition are important, but ***academics*** take precedence over athletic participation. The Athletic Director works closely with the administration/faculty to ensure that student-athletes maintain their academic standing in order to remain eligible to participate in athletics. In addition to supporting your child’s athletic endeavors, the athletic department staff is committed to improving the quality of their high school experience.

As a parent of a student-athlete at our school, I would like for you to take some goals into consideration:

* Valuing academic goals just as much as athletic ones;
* Encourage good sportsmanship by demonstrating positive support for all players, coaches and officials at every game, practice or other high school sporting events;
* Reminding our students to work equally hard as a student and as an athlete;
* Learn, understand, and respect the rules of the game, the officials who administer them and their decisions;
* Placing the emotional and physical well-being of our students ahead of a personal desire to win;
* Lastly, making the high school athletic experience a positive one.

I believe by working together in cohesion toward the same goal, we can achieve great success in our athletic program and help maximize the potential for them to learn both academically and in athletics. These student-athletes are getting ready to embark on a journey with endless possibilities of life, learning, and appreciation for individuals in their community. It is our job to provide a consummate support group for our student-athlete to reach their highest potential.

We look forward to serving you and our student-athlete in the year ahead, and appreciate you for your continued support.

Sincerely,

Hung Nguyen

Athletic Director

Stagg High School